

EXPLORE ACE

Name: _____

The purpose of these worksheets are to help you navigate the <https://explore-ace.org/> website and determine what career interests you may have. You will also find career opportunities that match your interests in Eastern Iowa on this website.

O*Net Interest Profiler

In the State of Iowa, all 8th grade students take the *O*Net Interest Profiler* to determine what your interests, personality strengths, and career strengths are. However, your interests may have changed since 8th grade. If you feel that your interests have changed, retake the *O*Net Interest Profiler* found on the <https://explore-ace.org/> website to determine what your interests are now. Once completed, answer the following questions based on your results. If your interests have not changed since 8th grade, access your *O*Net Interest Profiler* results and answer the following questions.

1. List your top three personality strengths: (i.e. artistic, conventional, realistic, etc.)

- a. _____
- b. _____
- c. _____

2. What is listed as your top strength (a)?

3. Summarize the profile (traits) of a person with that personality strength:

Is this profile a close match to a profile of yourself? Yes () No ()

If "No", you may want to reassess your interests on the *Interest Profiler*.

If "Yes", move on to number 4.

4. Summarize the profile (traits) of your other two top personality strengths (b & c).

- b. _____

O*Net Interest Profiler

c. _____

5. List your secondary traits identified on the assessment.

